

# THE DALLAS SOCIETY FOR PSYCHOANALYTIC PSYCHOLOGY

## SPRING WORKSHOP

### PRESENTS

## Who Are We Outside the Room and Within?

Melanie Suchet, Ph.D.

**Date:** March 4, 2017

**Time:** 9:00 AM to 4:00 PM

**Credits:** 6 hours of CEU/CME

**Location:** Texas Health Resources University Dallas  
8194 Walnut Hill Lane, Dallas, TX 75231



This workshop aims to engage and engender awareness of our own embedded participation in constructing race, class, gender and sexuality self-other binaries. Dr. Suchet will examine ways in which the analyst's subjective experience, embedded in the context of the sociopolitical, becomes significant; influencing and shaping the conduct of our work with our patients.

Her goal is to hold in balance the theoretical with the experiential and clinical, the personal with the political. In a non-judgmental, open and inviting setting the audience will explore the dynamics of how social identities become enacted in the clinical situation. Special emphasis will be placed on understanding transgender issues, through the presentation of clinical material (working with individuals transitioning as well as couples dealing with a partner transitioning).

In a multifaceted approach, theory, case material and videos will be presented to offer different methods of learning and ways to approach these topics.

### **Learning Objectives:**

1. To explore the therapists subjectivity, specifically in relation to race, class, gender and sexuality, and how that comes to play a part in the therapeutic interaction. Clinical focus will be on enactments and understanding how dissociation and enactments are related.
2. Understanding the processes of projection, introjection and projective identification as they relate to how we deal with otherness. The ways in which we are socialized and impacted by the larger sociopolitical context will be included.
3. Theoretical concepts of racial melancholia, hating and being hated, intersubjectivity, and the normal unconscious will be explored.
4. Understanding transgender identities as a continuum, and how to integrate a trans positive position with a psychodynamic approach.

**Melanie Suchet, Ph.D.** is a Clinical Associate Professor, NYU Postdoctoral Program in Psychotherapy and Psychoanalysis and Faculty member at the Stephen A. Mitchell Center for Relational Studies. She is an associate editor of *Psychoanalytic Dialogues* and a contributing editor of *Studies in Gender and Sexuality*. She is the originator and coeditor of *Relational Psychoanalysis: Volume 3* dedicated to bringing to the fore newer ideas, especially political and social issues. She is co-editor of the Routledge book series *Psyche and Soul*. She works on the edges of psychoanalysis, attempting to bring into the center what has been excluded and dissociated. Her interests also lie in the analyst's subjectivity, and specifically in the subject positions the analyst holds with respect to race, class, gender and sexuality.

**Registration:**

Online at [www.dspp.com](http://www.dspp.com) or onsite at 8:00 AM the day of the workshop. Cost of the workshop is \$125 for members of DSPP, DPC, or DSPSW, \$150 for non-members, \$35 for student members. Please email Ken Trevino at [kennethtrevinophd@gmail.com](mailto:kennethtrevinophd@gmail.com) if you will be registering on the day of the workshop. Lunch will be provided.

**Target Audience:**

This program is appropriate for psychiatrists, psychologists, social workers, other mental health professionals, psychology and social work interns, medical students, master level and postdoctoral mental health clinicians, nurses, teachers and professionals and academics in mental health disciplines.

**Accreditation:**

This activity was planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) to provide 6 AMA PRA Category 1 Credits. This activity provides 6 hours of professional development for psychologists. DSPP maintains responsibility for the content of this program. DSPP is approved by the Texas State Board of Social Work Examiners and Texas State Board of Examiners of Licensed Professional Counselors to provide continuing education credits to licensees. Licensed Social Workers and Licensed Professional Counselors will be provided 6 hours of continuing education credits for this activity.

**Financial Disclosure Information:**

None of the planners/presenters of this program have any relevant financial relationships with any commercial interests to disclose.