

# THE DALLAS SOCIETY FOR PSYCHOANALYTIC PSYCHOLOGY

## FALL WORKSHOP

### PRESENTS

## **Into the Mind of the Analyst: When the Personal Becomes Professional**

Steven Kuchuck, LCSW

**Date:** October 22, 2016

**Time:** 9:00 AM to 4:00 PM

**Credits:** 6 hours of CEU/CME

**Location:** UT Southwestern Medical Center  
Seay Building,  
8<sup>th</sup> Floor Conference Room (NC8.212)  
2201 Inwood Road Dallas, Texas 75390



In this workshop, Steven Kuchuck explores the impact of the therapist's life experience and psychological make-up on the treatment. By expanding psychoanalytic study beyond theory and technique to include an examination of events in the clinician's childhood and adult life as well as related psychodynamic issues, Kuchuck focuses on ways in which these experiences, crises, and dynamics affect both clinical choices and the tenor of the therapist's presence in the consulting room. Related, he looks at the relationship between the clinician's subjectivity, theoretical interests, and technique, and explores areas of overlap and differentiation between two phenomena that are often confused; the larger issue of the therapist's subjectivity, and self-disclosure.

When subjectivity becomes bracketed or dissociated, access to countertransference and insight into how the analyst affects the patient becomes limited and therapeutic data may be missed. Kuchuck therefore addresses various ways of tracking and using subjectivity in order to further the therapeutic action. He also considers the impact on the treatment of the therapist's temperament, conflicts around being seen, and struggles with self-care.

### **Learning Objectives:**

1. At the conclusion of this presentation, participants will be able to identify at least two ways in which their life experience affected a theoretical choice or clinical intervention that they made.
2. At the conclusion of this presentation, participants will be able to list 2-3 reasons why it is important to track their subjective responses to patients.
3. At the conclusion of this presentation, attendees will be able to give at least one example of how identifying a moment in which an aspect of their subjectivity impacted a clinical choice led to a therapeutic gain.

**Steven Kuchuck, LCSW** is the Editor-in-Chief of [\*Psychoanalytic Perspectives\*](#), Associate Editor of Routledge's [\*Relational Perspectives Book Series\*](#), Board Member, supervisor, faculty and Co-Director of Curriculum for the training program in adult psychoanalysis at the National Institute for the Psychotherapies (NIP), and faculty/supervisor at the NIP National Training Program, the Stephen Mitchell Center for Relational Studies, and other institutes. He is on the Board of the International Association for Relational Psychoanalysis and Psychotherapy where he co-chairs the Local (international) Chapters Committee, on the steering committee for the 2017 APA Division 39 annual conference, and co-chair of the Division 39 International Outreach Task Force. His writing focuses primarily on the analyst's subjectivity and most recently, he is a contributor to and editor of *Clinical Implications of the Psychoanalyst's Life Experience: When the Personal Becomes Professional* (Routledge, 2014), *The Legacy of Sandor Ferenczi: From Ghost to Ancestor* (co-edited with Adrienne Harris, Routledge, 2015), and an upcoming volume of analysts writing about the professional impact of their own analysis (Routledge, in press).

**Registration:**

Online at [www.dspp.com](http://www.dspp.com) or onsite at 8:00 AM the day of the workshop. Cost of the workshop is \$125 for members of DSPP, DPC, or DSPSW, \$150 for non-members, \$35 for student members. Please email Ken Trevino at [kennethtrevinophd@gmail.com](mailto:kennethtrevinophd@gmail.com) if you will be registering on the day of the workshop. Lunch will be provided.

**Target Audience:**

This program is appropriate for psychiatrists, psychologists, social workers, other mental health professionals, psychology and social work interns, medical students, master level and postdoctoral mental health clinicians, nurses, teachers and professionals and academics in mental health disciplines.

**Accreditation:**

This activity was planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) to provide 6 AMA PRA Category 1 Credits. This activity provides 6 hours of professional development for psychologists. DSPP maintains responsibility for the content of this program. DSPP is approved by the Texas State Board of Social Work Examiners and Texas State Board of Examiners of Licensed Professional Counselors to provide continuing education credits to licensees. Licensed Social Workers and Licensed Professional Counselors will be provided 6 hours of continuing education credits for this activity.

**Financial Disclosure Information:**

None of the planners/presenters of this program have any relevant financial relationships with any commercial interests to disclose.